WE PARTNER

Children or teens with Pelvic dysfunction

, and those with neurological

pathologies have different needs than adults. Thus our therapists

needs to work with parents,

teachers, and other healthcare

professionals such as urologists,

GI’s, pediatric physical therapists,

and psychologists to provide an

integrated and comprehensive

plan of care.

WE SPECIALIZE

All pelvic physical therapy treatments

are always done with a physical

therapist trained in pediatric pelvic

floor issues, and always with your

doctor’s knowledge. Children are

dressed and parents and guardians

are present.

During each session, your child or

teen will work exclusively with one of

our pelvic health physical therapists

to help build strength, improve

movement, and strengthen the skills

and confidence needed to complete

daily activities.

WE HELP

Although millions of children suffer

from pelvic floor dysfunction, it

often takes a long time to receive

the right treatment.

Typically, children are toilet trained

by age 4. After age 4, bowel and

bladder dysfunction is considered a

a major medical issue that affects the

family unit.

Pelvic problems in children greatly

influence the quality of life, self-image,

social interactions,

participation in sports, etc. A pelvic

physical therapist can help restore

normality in bladder and bowel

function and prevent the

progression of problems that, if

untreated, may be carried over into

adult life.

W E T R E A T A R A N G E

O F D I A G N O S E S

Constipation

Increased urinary frequency

Decreased urinary frequency

Day-time incontinence

Night-time incontinence,

bed-wetting, or enuresis

Giggle incontinence

Incontinence in the athletic female

child or teenager

Waking up in the night to urinate or

nocturia

Difficulty with urination: straining,

slow flow, pain during or after

urination

Reduced sensation of bladder or

bowel fullness

Pain in the abdomen, bladder or

lower back

Fecal incontinence

Treatment after pediatric pelvic

Surgeries

PEDIATRIC

PELVIC HEALTH

Treating Infants, Children

& Adolescents

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Ground Floor

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We offer a FREE 15 minute phone or virtual consultation to help you determine if physical therapy is right for you and your child or teen.